Target:

Forti-Diet Nature’s Harvest Guinea Pig Food

Plastic produce bags

Raisins (C40)

Swiss Miss (Rich Chocolate) (C31)

Argo Cornstarch (C27)

Vanilla extract (C25)

32 oz. Chicken broth (Swanson, 33% less sodium) (C24)

1 canned chili with beans (C24)

1 can cream-style corn (C23)

1 pint (16 oz.) buttermilk (or smallest available)

1 pint half-and-half

2 packages of sliced cheese

18-count eggs

1 package vege deli meat

4 Beyond Meat Burgers ($5.99/lb.) or 2 lbs. Ground Beef 80% Lean ($1.77/lb.)

4 boneless, skinless chicken breasts ($5.99/lb.)

1 lb. ground turkey ($5.99/lb.)

Aluminum foil, if on sale (B37)

Glad or Saran Cling Wrap, if on sale

Lucky:

1 romaine lettuce (or red leaf lettuce or green leaf lettuce)

1 small container of baby tomatoes

1 Celery

2 Carrots

1 Cucumber

1 Italian parsley

2 lbs. broccoli, separated

8 sweet white corn (6 for $0.99)

2 servings zucchini or yellow squash

2 yellow onions

1 red pepper

1/2 lb. (8 oz.) mushrooms

1 1/4 cup blueberries (2/$7)

2 tomatoes

7 servings of fruit

Bananas

4 Apples (Fuji or Honeycrisp)

1 lb. cherries ($3.49/lb.)

1 lb. strawberries ($4.99/lb.)

1 laof sourdough bread (wide)

2 bags of bagels

Vlasic dill pickles (if on sale)

1 can (10.75 oz.) condensed cream of mushroom soup with roasted garlic

1 box of Softasilk Cake Flour

2 package of sliced sandwich meats (Black Forest Ham or Honey Ham)

Cheese sticks

8 sausages

Tater Tots

Ice cream (something with chocolate)

Toothpaste (Sensodyne, fresh mint, not rapid relief, green on the box) if on sale

Carefresh

Alfalfa Hay